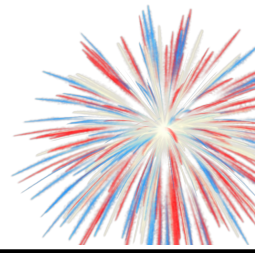


Campus Towers News

July

2022



FROM THE DESK OF Marchelle Knapp

It looks like summer is finally here! This month I am thrilled to report that the sidewalk replacement project is happening starting July 13th. We will be replacing the sidewalk that goes around the building. The new sidewalks will be five feet wide so plenty of space for you to use your walker as you walk. There will be some inconveniences, but we will try to keep the impact as minimal as possible. In other news we purchased two new replacement washers for the laundry room. Sadly, there seems to be a problem with the warm and hot cycles. They are washing everything in cold regardless of the setting. We are working to get the issue resolved as soon as possible. Other than the setting issue they work great. I hope you have a wonderful 4th of July, I know Becky has planned for a great evening of activities.



Goodie Cart

Wednesday
11:00 am – 2:30 pm

We will be starting on a different floor each week to provide all residents with the opportunity for goodies!

July Birthdays

Residents

07.05 Don Woodhull
07.05 Nola Wills
07.16 Inez Glaze
07.16 Norma Rister
07.27 Judy Silva



Staff

07.26 Josh Sonnabend

Join Us For Hawaiian Day

hui pū me mākou

12:00 Kitchen Special of the Day
Waikiki Meatballs & Rice
Hawaiian Macaroni Salad
Hawaiian Sweet Rolls

1:00 – 3:00 {Activity Room}
Make Your Own Lei
Picture Booth
Special Entertainment: **Kalei LaFave**
Hawaiian Happy Hour
~ Serving Virgin Pina Coladas

4:00 Bean Bag Tournament
~ **Please Sign Up In The Office**

5:00 Judging of Hawaiian Wear Contest
5:30 Hawaiian Music: **Tom Stiltz**
6:00 Hawaiian Dancers: **Ka Mauna Hula**

Thursday
July 28, 2022
12:00 pm – 7:00 pm

Happy Birthday America



4th Of July Pizza Party with Becky

5:00 Food {Dining Room}
6:15 Bingo {Dining Room}
7:30 Movie {Activity Room}



Becky will be hosting her pizza party on Monday, July 4th! Fireworks from the porches for those wanting live action.

Pizza {1 slice}, Fruit, Soda is available for \$4.00, additional pizza is \$2.50 a slice. Charges will be deducted from your meal account.

Please Sign Up In The Office

**The office will be closed on
Monday, July 4th.**

**The Kitchen will be open
from 10:00 am – 2:00 pm.**

Longview School Gardens

Northlake School, right next door, has started selling their produce!

Fridays

9:00 am – 12:00 pm.

Please call (360) 957-5458
for further information.



Mail Announcement

Our mail person has requested that we inform our residents “that the mailman is not allowed to give your mail directly to you or allow you to take your mail from your box without using your key”. They are required to put it in the mailbox and have you retrieve it from the box. Please wait to get your mail until they are completely finished delivering. The mail carriers are bound by federal law to follow the proper mail delivery protocols. Thank you.



**We are in need of a
newspaper delivery
person here at
Campus Towers.**

You will be an employee of the Daily News. It pays approximately \$34 a month and will require you to deliver newspapers six days a week.

Please contact the office if you
are interested.



Summer is here! This is the time of the year that the flowers are in their full bloom and so beautiful.

Campus Towers has some incredible flowers on our grounds. It is worth your time to take a walk and see the flowers in full bloom. If you would like to be a part of the garden club, it is not too late to join us, check the calendar for the day and time. We meet in the activity room and head on out to the garden depending on the weather.

\$enior \$avings

Here are a few money saving tips I wanted to pass on to you.

- Fred Meyer offers a 10% discount to all seniors on the first Tuesday of every month. The offer applies to most items in the store. It is in addition to the regular sale items.
- Safeway now lets you use your gas rewards for other items not just gas. That is great news if you don't have a car. If you have a smart phone and need help to download the Safeway app, come see us at the office and we can help. Lots of discounts are found on the app.
- Safeway also offers free delivery on your first grocery delivery. If you find yourself needing groceries but not up for cruising the aisles this might be an option.
- Amazon offers their Prime day on July 12th & 13th. This is much like a black Friday sale at Amazon. They offer great discounts on electronics and tons of other great items. Sign in to Amazon.com to see all the deals.

If you are interested in getting more information about these savings just stop by the office and see Marchelle.

Coffee Hour With Marchelle

July 11th at 1:30 in the living room. Please plan to join us and bring your questions and suggestions.



Be Aware

Don't be a victim of Imposter Fraud.

This is when criminals pretend to be law enforcement, government officials, or other authorities – this is now the number one type of consumer fraud in America.

Here is a look at different scenarios you want to familiarize yourself with, and know to immediately end the call:

1. Hang up when you hear any request for your Medicare Number. This is a scam aimed at billing Medicare for unnecessary tests.
2. Hang up on any call that you believe is coming in as a computerized robocall or asks for remote access to your personal phone, banking, or private accounts. This is a scam to steal personal information for identity theft or fraud.
3. Hang up on any call that is demanding money or threatening you over the phone. Always call the company directly to verify you have any financial obligations.
4. Hang up if you are being told you need to send money to help a family member or friend. Scammers can find out information through the internet and will use this to scare you. Call your friends and family to check their safety, never send money based on a phone call.
5. Always hang up if you are being threatened.
6. Hang up when any government official says you need to pay money over the phone or asks for personal information. This is not how they collect money.



Activity Updates

- 7.1.22 Bowling
- 7.4.22 Independence Day!
- 7.5.22 Garden Club Meeting
- 7.8.22 Bingo
- 7.11.22 Lunch Bunch
{Rainier Senior Center}
- 7.11.22 Coffee with Marchelle
- 7.13.22 Commodities
- 7.15.22 2nd Floor Party
- 7.19.22 Garden Club Meeting
- 7.22.22 Bowling
- 7.25.22 Resident Council
- 7.27.22 Lunch Bunch
{Cracker Barrel}
- 7.28.22 Hawaiian Day
- 7.29.22 Bingo

Check your monthly calendar for additional information.

Resident Council News

There will be no ballots, all candidates are running unopposed.

Plan to attend the Resident Council meeting at 1:30 on July 25th in the activity room. We will be installing the new officers at that meeting.

Please note that in August there is not a resident council meeting. This allows the opportunity for the new officers to meet and prepare for the September meeting.

WELCOME

Please welcome Mike Lotz to Campus Towers. Mike was born in Germany and lived there for 6 years. His stepfather was in the military and transferred to Ft. Lewis where he was retired. He grew up mostly in Washington State. Mike finished high school and graduated while living in California.

Mike has 3 sisters; he is the oldest. As a teen he worked at Jack in the Box. His family returned to Washington State and opened a campground on the Toutle River. The family was living in this area when Mt. St. Helens erupted. There were 10 families around him that lost everything. Mike was a caretaker for his mother until she passed.

Mike has never been married and has no children. He lived in an apartment by himself when his sister suggested he needed to be at Campus Towers. "So, here I am!"

Mike likes living at Campus Towers. He loves the music. I found out talking to Mike that he is a great person. Everyone please welcome Mike to Campus Towers!

~Phoebe Wiest